

INDULGE

THE ART OF LIVING WELL

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Dallas jewelry designer Leah Gormley, a Michigan native who attended graduate school in Arizona, has garnered attention for her nature-inspired jewelry line that's as fitting with jeans as it is with evening wear. Gormley's Sedona bands are no exception, offering sensuous style with their ruffled edges and lightly textured finish. Her company, LMG&Co., is headquartered in her North Dallas home (the "Co." being her husband, Eric, and two cats), where Gormley also crafts earrings, necklaces and bracelets. Shown are the Sedona in silver, \$110, and in 18-karat gold, \$920. www.lmgandco.com

ROSS HAILEY

Your Band in Marriage

BY MEDA KESSLER

Round and round you go . . .
so many rings, so many choices.

The wedding band has lived too long in the shadow of the engagement ring.

We're always a little startled when someone mentions she's engaged and immediately sticks out her left hand for us to admire. Is not a hug and heartfelt congratulations the first order of business before we admire the multi-carat sparkler?

Even then, the band is rarely admired, although it's the true symbol of matrimonial harmony. We're happy to report, though, that we're seeing more of you opting for less instead of more. Perhaps you use your hands too much to have one burdened by a large diamond, or maybe you're safeguarding that heirloom piece in the safe-deposit box for your daughter.

But you wouldn't think of going anywhere without your wedding band; it'd be like forgetting to put on clothes as far as you're concerned. Perhaps you've even upgraded over the years, which is an option, although that slim gold band will always hold the place closest to your heart.

Here are some stylish options, including some designs not necessarily created for nuptials but that are still worth considering.